

What is St. Louis Oasis?



Getting Older & Growing Stronger

Founded in 1982, Oasis is a non-profit educational organization that helps thousands of older adults across the country **satisfy their curiosity, take charge of their health and discover the joy of giving back** to their communities.

Oasis programs reach a broad audience in more than *200 communities* through *eight education centers* and a national network of *over 800 partners* in *33 states, serving over 587,000 older adults*.



Satisfying Curiosity Through Lifelong Learning

- + 7,600+ lifelong learning classes are offered nationwide each year
- + Locally developed classes in the arts and humanities, current events, history, and more
- + With more options to take virtual classes with top instructors from across the country, Oasis Everywhere has served over 153 communities



Taking Charge of Health

- + 3,500+ health classes are offered nationwide each year
- + Evidence-based programs include falls prevention, chronic disease self-management and peer-led discussion groups
- + Exercise, fitness, nutrition, healthy living, and wellness classes round out our offerings



Giving Back to Our Communities

- + More than 6,200 adults volunteer with Oasis each year and have provided 13.7 million volunteer hours, worth more than \$400 million since 1982
- + The largest program is Oasis Intergenerational Tutoring, where trained older adults have supported more than 525,000 students
- + Volunteers also serve as class instructors, peer leaders and help with Oasis center operations



Spreading Knowledge in a Virtual World

- + Award-winning technology training with the Oasis Connections Program has been offered since 2000
- + Oasis Connections has more than 30 courses that cover a wide range of topics for basic to intermediate skills on mobile devices and PCs
- + The Oasis Connections Program is designed specifically for adult learners, as well as taught by fellow older adults



Local Impact

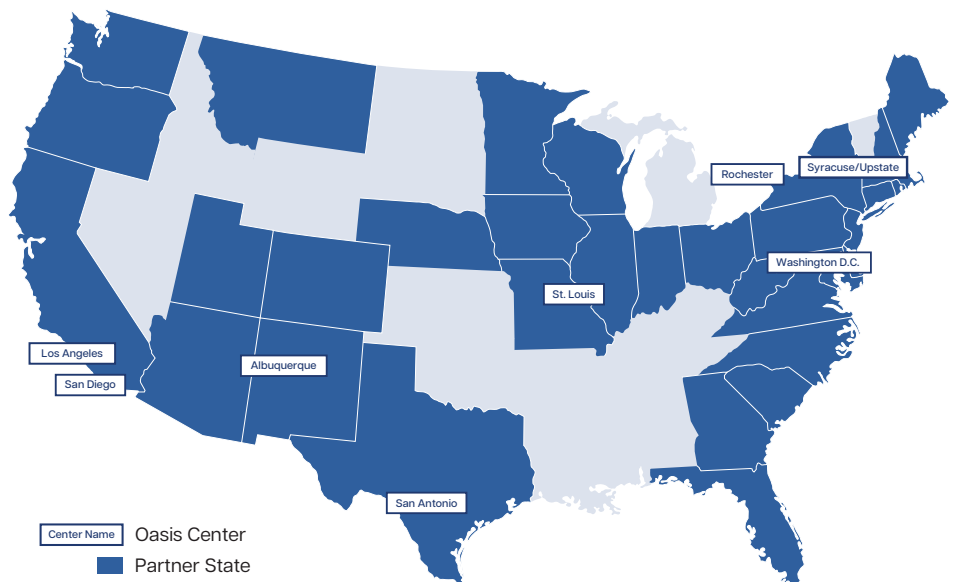
Through education, advocacy, and relevant programs, the Oasis impact reaches communities in St. Louis and the surrounding area.

St. Louis Oasis offers programs at more than 50 partnership sites in over 20 cities throughout the area.

Alton, IL	Eureka, MO	St. Ann, MO
Arnold, MO	Ferguson, MO	St. Charles, MO
Ballwin, MO	Florissant, MO	St. Louis, MO
Brentwood, MO	High Ridge, MO	St. Peters, MO
Chesterfield, MO	Kirkwood, MO	East St. Louis, IL
Clayton, MO	Manchester, MO	O'Fallon, IL
Crestwood, MO	Maryland Heights, MO	Shiloh, IL
Creve Coeur, MO	O'Fallon, MO	Webster Groves, MO
Ellisville, MO	Olivette, MO	

National Impact

Oasis empowers thousands of older adults nationwide to pursue healthy, productive and meaningful lives. Oasis programs reach a broad audience in more than 200 communities through eight education centers and a national network of over 800 partners in 33 states.



Learn More About Oasis at Northwest Plaza



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