



# 2022

## Annual Report



I am always proud to lead Oasis and be part of an organization with deep ties to our communities, especially as we’ve been working on a strategic plan following our 40th anniversary. The Oasis “Build the Future” approach to an aging America will address increased lifespans, a shifting distribution in age ranges, and the importance of technology. Plans include expanding our technology literacy curriculum with workforce development resources to help older adults navigate an increasingly virtual job search process, develop the basic skills needed to thrive in a modern work environment and enable older adults experiencing income insecurity to find meaningful work. Oasis will also be expanding our intergenerational volunteer opportunities, building a much larger literacy tutoring cohort of volunteers, and we will develop a math and STEM tutoring program to complement our work in childhood literacy and mentorship.

A longer life needs to be a healthier life, a purposeful life, and a life filled with social connections. Oasis is preparing for the next 40 years of work to improve older adults’ lives and our community more broadly by positioning older adults as solutions to challenges in the workplace, in education, and for our overburdened healthcare system.

Thank you for believing in our mission and for your steadfast support. Your partnership is essential as we build the future together.



**Paul Weiss, Ph.D**  
President  
Oasis

How to describe 2022 at Albuquerque Oasis? We saw continuing challenges due to the global pandemic but glimmers of hope and excitement. Albuquerque was thrilled to receive generous grants from both Blue Cross and Blue Shield of New Mexico (BCBSNM) and United Way of Central New Mexico (now known as United Way of North Central New Mexico) to fund the Intergenerational Tutoring Program, led by Vicki DeVigne. In 2022, we learned how devastating the pandemic was to children’s education, particularly reading and math proficiencies. The tutoring program ramped back up in 2022 with just over 300 volunteers helping elementary students with their reading skills.

BCBSNM also underwrote foot care clinics (nail trimming) at Oasis, providing a much-needed service to older adults who have trouble reaching their feet. In addition, BCBSNM underwrote the Aging Mastery Program, a multi-session course giving retirees the tools they need to age well. In ten sessions, experts covered topics such as nutrition, falls prevention, finances, exercise, advance care planning, community engagement, and healthy relationships.

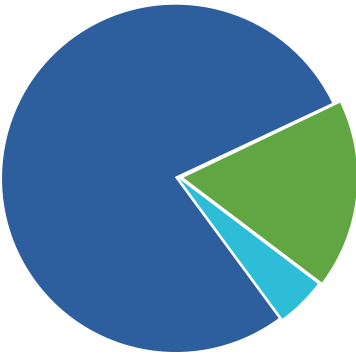
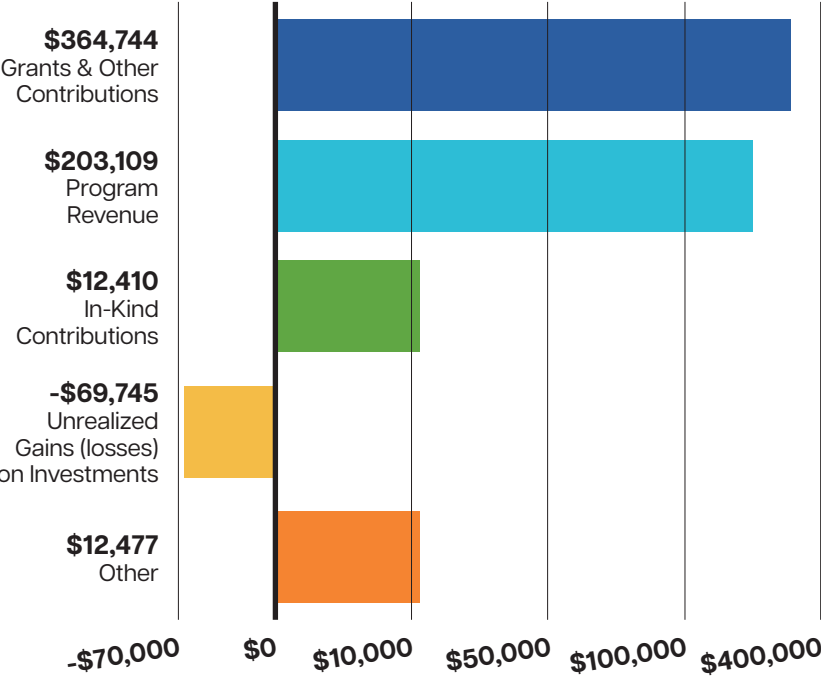
I am especially thankful for the dedicated Oasis staff who have persevered through these challenging times. And I’m grateful to our many supporters who have stuck with us through thick and thin. Thank you.



**Kathleen Raskob**  
Executive Director  
Albuquerque Oasis

## Albuquerque Oasis 2022 Impact & Financials

### Revenue | \$522,995



### Expenses | \$722,250

- \$563,534 Program Services
- \$125,894 General & Administrative
- \$32,822 Fundraising

To read more stories from Oasis centers across the country or to see our National Impact, please visit [annualreport.oasisnet.org](https://annualreport.oasisnet.org).

## Taking Steps to Maintain Independence

Older adults are putting their best foot forward thanks to [convenient footcare clinics hosted at Albuquerque Oasis](#).

In 2022, Oasis received a Healthy Kids Healthy Families grant from Blue Cross & Blue Shield of New Mexico. With the grant funds, [Oasis offered 35 three-hour footcare clinics throughout the year to keep older adults’ feet healthier](#).

Through the clinics, Janet Simon, DPM, a podiatric surgery specialist, provides foot screenings and toenail trimming service. Dr. Simon is involved in the community’s fall prevention efforts and has been [presenting on foot and ankle care and fall prevention at Oasis for more than 10 years](#).

During those presentations, participants often asked her where they can go to get basic footcare services, since many are not covered by insurance.

[Oasis noted the demand and explored options with Dr. Simon](#). This sparked the idea for Oasis to submit a proposal for a footcare clinic to Blue Cross & Blue Shield. [2022 was the first full year of clinics](#).

“Today, the footcare clinics at Oasis are so popular that there is often a waiting list,” Dr. Simon says. [“It’s important for older adults to maintain their feet](#), because that is directly linked to independence and preventing falls. We know there is a correlation between foot pain and deformities and a higher risk of falls.”

[The footcare clinic offers low-cost, 15-minute, private appointments](#), to make foot health more convenient and accessible for everyone.

“The most frequent comment I hear from older adults is that it’s hard to reach their feet,” Dr. Simon says. [“Mobility and agility issues can create difficulty in caring for their feet](#). People also often ask about footwear recommendations.”

At the appointments, Dr. Simon performs a basic foot screening and nail trimming. “Keeping nails maintained can prevent infections, which is especially important for people with diabetes. [Prevention keeps people healthy.”](#)



## Tutoring: A Summer Success

In 2022, Horizons Albuquerque and Albuquerque Oasis partnered for the first time for Horizons’s six-week enrichment [summer program for children in under-resourced schools](#).

It all started over coffee where Vicki DeVigne, Oasis tutoring program director, and Tracy Herrera, executive director of Horizons, discussed the possibilities of a collaboration. [“We needed more adults to support children in our program and Oasis had volunteers](#) who wanted to continue to use their skills and experience as mentors”, says Tracy. It was a perfect match.

Vicki says Oasis tutors often look for volunteer opportunities in the summer when school isn’t in session. [“Our Oasis tutors want to stay active year round](#) and the students need the support so [this partnership was a no brainer.”](#)

Tracy considers Oasis tutors, mentors. “They’re doing more than tutoring. When I see tutors sitting with kids laughing and interacting, there’s more going on than teaching a child to read. [It’s heartwarming to see the impact on mentors as well as students.](#)”



“Many students who participate in Horizons have [below-grade-level reading skills and very few resources or books at home](#). That’s why tutoring is vital to a student’s success”.

[“Building long-term relationships with caring adults and engaging families](#) is an important component of academic success. The presence of Oasis mentors builds skills and confidence.”

Horizons partners with three independent schools to host the summer program. “The campuses are beautiful,” Tracy says. “Last year, Oasis mentors read outside with students under a tree or next to the river. [This relaxed setting helped students associate reading with pleasure.](#)”

Because of the program’s success, Oasis tutors were invited back to Horizons for summer 2023. “This is validation of a positive experience for everyone,” Vicki says. [“The tutors had a wonderful experience and felt very appreciated in the program.”](#)



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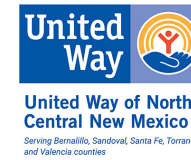
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