

# BUILD THE FUTURE

Reimagine Aging in America with  **Oasis**

Founded in 1982 by Marylen Mann, **Oasis pioneered a holistic approach to healthy aging at a time when society did not believe in the potential of older adults.** From our beginnings in St. Louis, our network of centers now stretches from coast to coast, **serving 44 states.**

The three central tenets of Oasis 40 years ago continue to be the core of our mission now: Lifelong Learning, Health & Wellness, and Civic Engagement through volunteering. The value of our mission is supported by study after study that shows: **If we want society to age successfully, we must nurture our mind and body, and be part of something bigger than ourselves.**

Each year Oasis provides communities across the country with over **5,500 lifelong learning classes, 3,560 health and wellness classes,** and **more than 6,000 older adult volunteers.**

The demographics of the U.S are changing rapidly. By 2030, 20% of the nation's population will be at least 65, and within a few years this group will outnumber the country's children for the ***first time in our history.***

## **Our Vision**

Oasis is **reimagining aging by shifting societal perceptions and creating opportunities** for older adults nationwide.

We will extend the reach of our **comprehensive programming, civic leadership, and community partnerships** to every state and ***become the leading model for older adults to live expansive and purposeful lives.***



2

*decades of progress erased in reading and math scores due to the pandemic.*

66%

*of Missouri students were below grade level in reading in 2022.*

98%

*of students tutored through Oasis showed increased reading scores.*

# Civic Engagement Through our Intergenerational Tutoring Program

The Intergenerational Tutoring Program is nationally recognized and is one of our most successful and longstanding programs. Since 1989, Oasis has trained thousands of older adult volunteers to help at-risk readers. **We have reached over half a million children across the nation and improved the well-being and sense of purpose for thousands of older adults.**

With your help, Oasis will:

- \* **Recruit 10,000 tutors** in all 50 states over the next ten years
- \* **Expand curriculum** in math and social emotional learning
- \* Further **embed the science of learning and phonics** into our training

**1:1**

tutoring each week provided by volunteers creates *stability and consistency* for students.

Oasis offers tutors *rigorous, interactive, and regularly updated educational training and support*, and professional development opportunities throughout the year.

**78**

School Districts

**15**

States with the Tutoring Program

**2,100**

Tutors in the Tutoring Program

**525,000**

Students Tutored Since 1982

**13.7 Million**

Volunteer Hours Since 1982



2

job openings for every unemployed person in the state of Missouri. *The workforce is shrinking.*

St. Louis

workforce is *not* expanding as rapidly as cities with younger populations, which has a negative impact on our economy.

20%

of Missourians 60+ are economically insecure, with incomes below 200% of the federal poverty level.

# Supporting Older Adults Through Workforce Development Skills

Oasis offers older adults the **tools and skills to either rejoin the workforce or reskill for employment opportunities** in an increasingly technology dependent workplace. For the past 22 years, Oasis has been *a leader in technology literacy education*.

With your help, Oasis will:

- \* **Provide new and relevant technology programming** to support the 21st century needs of older adults
- \* **Increase paid opportunities** through Oasis, including health facilitators, tech helpers, and paid direct-to-consumer tutoring
- \* **Expand Oasis On-Demand**, our easy to navigate self-directed learning environment

# 1

*comprehensive toolkit* to help older adults navigate the modern job market.

*The Complete Job Search class* includes resume prep, how to prepare for an interview, and how to use Zoom.

# 250+

Topics Available

# 422

Microlessons

# 600%

Increase in People Taking Workforce Development Classes from 2022 to 2023

# 40

Older Adults Trained and Employed by Oasis





**66**

years old is the average life expectancy *in Berkeley (North St. Louis).*

**86**

years old is the average life expectancy *in Clayton.*

**321,000**

Missourians 65+ experienced a fall within the last year.



# Keeping Communities Healthy, Strong, & Connected

Through our wide-ranging lifelong learning, health, and wellness classes, we help adults stay engaged and learn the skills and techniques to live full lives as they age no matter the zip code. **Oasis advances education and awareness about the unique opportunities and challenges older adults face.**

With your help, Oasis will:

- \* **Provide free classes** to reach more people in communities of need
- \* **Provide comprehensive programming** that addresses pressing health issues, including falls prevention and chronic disease management
- \* **Increase opportunities** for social connection

2,441

*free health, wellness, and lifelong learning classes offered in the last five years.*

120+

*partner organizations in the St. Louis Metro Area.*

90%

Oasis Participants Who Reported Feeling Intellectually Stimulated

86%

Participants Who Reported Feeling Enriched by Oasis

587,000

Older Adults Served Since 1982

27%

Oasis Program Sites Located in Low Income Areas



**What do you imagine your future will look like?**

