



## Testimonials:

"When we decided to retire at the end of 2017, we began looking at what we might do with our time when this happened. We truly believe we've been BLESSED and need to give back to our community. WOW, what an experience! We believe this program is exactly what retirees need to keep themselves active and productive for our community. We know there are many ways for retirees to get involved, but this program allows them to get familiar with the organizations. We learned a lot about our community and the non-profit organizations within our community."

– **Laverne and Shirley Schell**

"I have been amazed at the needs in our community and the opportunities to help fulfill those needs. After a career in law enforcement, I feel I had developed an emotional shell that kept me from feeling empathy for those in need of help. This program has opened my eyes. The program you have designed is well planned and developed and will only get better. I hope many other retirees are able to experience this program."

– **Mike Brazeal**



"From the Give 5 program, we received a highly skilled volunteer with a background in law enforcement. He consults with us about our shelter security, and as a result, we are making changes to make our shelter safer. He also volunteers to provide domestic violence education to high school students by speaking in the schools—a service that our staff has not been able to fulfill due to time and budget constraints."

– **Ivy Shelden, Harmony House Volunteer Coordinator**



@Give5program

[www.Give5program.org](http://www.Give5program.org)

To register in St. Louis, visit  
[tloasis.org](http://tloasis.org) or call 862-4859 ext.24



Give 5 is funded by the Missouri Department of Health & Senior Services and Missouri Association of Area Agencies on Aging and hosted by St. Louis Oasis.

Presented by:  
**UnitedHealthcare**

Be Part of the Solution



# GIVE 5

*Retiree  
Civic Matchmaking  
Program*

Looking for a place to match your skills and interests with nonprofit organizations in need of volunteer help?

**Give 5 may be the program for you!**



St. Louis  
**Oasis**  
Lifelong Adventure



## About the Program:

Give 5 is an innovative, free, community-based program designed for St. Louis residents. The program matches participants with nonprofit organizations addressing our city's primary areas of need and helps re-establish purpose and meaning in retirement.

Give 5 provides retired baby boomers with the opportunity to go behind the scenes of Springfield's most interesting nonprofit organizations and public service agencies. Over five program days, classmates ride in a climate-controlled shuttle and visit more than 20 organizations, getting a "taste test" of volunteer opportunities and an understanding of the needs these organizations address.

At the end of the program, participants are asked to consider committing to five hours of volunteerism per month to the cause(s) of their choice.



*"The communities that do the best job of 'civic matchmaking' – linking retirees with one or more of their passions in the community – will have a massive competitive advantage over other communities by offering a higher quality of life to their citizens."*

– **Give 5 Founder Greg Burris**



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**UnitedHealthcare®**



## How to Participate:

To apply to participate in Give 5, pick up a printed application at:

### **Oasis at the Center of Clayton**

(50 Gay Ave, St. Louis, Mo.)

Applications are also available online at [stloasis.org](http://stloasis.org) or call 862-4859 ext.24

