

# ST. LOUIS-OASIS CIVIC MATCHMAKING PROGRAM



## GIVE 5

Give 5 is an innovative, free, community-based program designed for St. Louis area residents. The program introduces participants to nonprofit organizations addressing our city's primary areas of need and helps establish purpose and meaning in retirement.

**We are offering several cohorts in 2022 and 2023. Members of the cohort meet one a week for five weeks to gain a better understanding of the community's challenges and are introduced to a variety of nonprofits working to address those issues.**

An important goal of the experience is to help prospective volunteers realize what a significant impact they can make in our community through their gifts of time. Give 5 volunteers may be called to work directly with children or vulnerable community members, or provide services in their area(s) of expertise.

There are options available that work for a wide variety of schedules and interests, and they all make a difference.

**Interested in joining Give 5? Visit [st-louis@oasisnet.org](mailto:st-louis@oasisnet.org), email [shales@oasisnet.org](mailto:shales@oasisnet.org) or call (314) 862-4859.**





Thank you for your interest in participating in the Give 5 civic matchmaking program presented by United Healthcare. To participate, please complete the form below and e-mail it to St. Louis Oasis at [shales@oasisnet.org](mailto:shales@oasisnet.org). We will follow up with you soon!

Full Name: \_\_\_\_\_

Phone #: \_\_\_\_\_ Email: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

Retired? ☐ Yes ☐ No Anticipated retirement date: \_\_\_\_\_

Where did you retire from?

Where did you spend most of your career?

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Where do you currently volunteer?

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Physical Limitations:

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Dietary Restrictions:

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Areas of interest for volunteering

Select All

- ☐ Administrative/office functions
- ☐ Advocacy and human rights
- ☐ Animals
- ☐ Arts and culture
- ☐ Board service
- ☐ Children and youth

- ☐ Computers and technology
- ☐ Crisis support
- ☐ Disabled
- ☐ Education and literacy
- ☐ Employment
- ☐ Faith-based
- ☐ Health and medicine
- ☐ Homeless and housing
- ☐ Hunger
- ☐ Immigrants and refugees
- ☐ Outdoor work
- ☐ Poverty and basic needs
- ☐ Seniors
- ☐ Special events
- ☐ Victims' services

Are you applying to participate with a friend or friends? If so, please indicate name(s).

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How did you hear about Give 5?

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Do you know someone who might also be interested in the Give 5 program? If so, please let us know and we'll reach out to them!

Name 

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Phone 

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Email 

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Thanks for your interest in the Give 5 program. We look forward to talking with you! For more information, call Sharon Hales at (314) 862-4859, or email [shales@oasisnet.org](mailto:shales@oasisnet.org).

***Give 5 is funded by the Missouri Department of Health & Senior Services and Missouri Association of Area Agencies on Aging.***



# GIVE 5

Give 5 is an in-person training event. Participants will be shuttled throughout the community to tour and learn about participating nonprofit agencies. Due to the nature of the format, and for the safety of all, Give 5 program participants are required to be vaccinated against the COVID-19 virus and to wear a mask while in contact with others.

☐ By checking this box, I agree to the conditions above.