Dear Friends,

Her children told her, “Mom, if you get COVID-19, you are going to die.” And she said, “I know.”

As a breast cancer survivor and someone with chronic asthma and atrial fibrillation (an irregular heartbeat), participating in virtual classes during the pandemic is extremely meaningful for Oasis participant Mary Wyss. Mary could not risk going to her favorite places such as the art and history museums. “Taking Oasis’ virtual classes has helped me continue exploring my passions of art and history at home, and I have also been able to take my Tai Chi classes online. It has helped me with my balance and flexibility and is the most regular exercise I have ever committed to in my entire life,” says Mary.

As a widow with only one child living in St. Louis and no grandchildren, Mary looked for a community to keep her active. Oasis became the solution. Since retiring and joining Oasis in 2014, Mary has explored a variety of classes in art and history, something she could not find time for in her 30+ year career as a social worker. Mary has taken over 370 classes with Oasis and plans to continue taking classes for as long as she can. “Oasis classes have helped me with my memory and recall abilities; I’ve discovered that even at the age of 74, I can still learn new things!” says Mary. While she looks forward to the eventual re-opening of Oasis’ in-person classes as the pandemic lessens, Mary also appreciates the convenience of the online option, such as not having to add extra time to drive to classes.

There are thousands of Oasis members like Mary who look for social stimulation and who want to continue taking care of their health during the pandemic. You likely have friends or acquaintances in your life who are going through the same situation as Mary, and who would greatly benefit from having Oasis’ virtual programs in their lives to keep them active and socially engaged. Or perhaps Oasis has been there for you during this past year.

Will YOU support older adults like Mary and empower them to pursue their lifelong learning passions and take charge of their health with an amount that is meaningful to you? YOUR support will expand our virtual health and educational programs for older adults and help us launch in-person programs when it is safe to do so.

Oasis is a special place where older adults can explore new passions and hobbies, meet new friends, and stay healthy and fit. Thank YOU for supporting older adults like Mary.

Gratefully,

Paul Weiss, Sharon Hales, Allison Woodworth, Tina Duckett, Marissa Sandbothe, Emir Kandzetovic, Melissa Rumph, Ebow Nketsiah, and Julianna Fellows —St. Louis Oasis Team

P.S. Please make your gift today. YOU can help older adults continue to discover meaning and purpose.
Looking for Additional Ways to Support Oasis? **There are Many Options!**

**Stocks**
If you have stocks, please consider selling some of your shares and gifting them to Oasis. Contact your financial advisor for more information, or Development Director Julianna Fellows at (314) 862-2933 Ext. 235 or jfellows@oasisnet.org to learn more.

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**Give Online**
Visit our website to make an online donation at [https://st-louis.oasisnet.org/donate/](https://st-louis.oasisnet.org/donate/)

**Vehicle Donation**
Choose St. Louis Oasis as the recipient of proceeds from your donated vehicle. Call (877) 556-2747 or visit [https://careasy.org/nonprofit/Oasis-St.-Louis](https://careasy.org/nonprofit/Oasis-St.-Louis) to donate, learn more, or read our FAQ’s.

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Your legacy gift could be the most important gift you ever make to the future of healthy aging. All donors who make planned gifts to Oasis are recognized as members of our prestigious Legacy Circle. Being a member of the Oasis Legacy Circle is one of the most important ways that you can express your commitment to the mission of Oasis. We will work with you and your trusted adviser to ensure that gifts to the Legacy Circle meet your needs and those of your family and friends. Legacy gifts come in a variety of forms including bequests, annuities, trusts, gifts of retirement assets and many others. If you are interested in learning more about the Oasis Legacy Circle, contact Development Director Julianna Fellows at (314) 862-2933 Ext. 235 or jfellows@oasisnet.org to learn more.